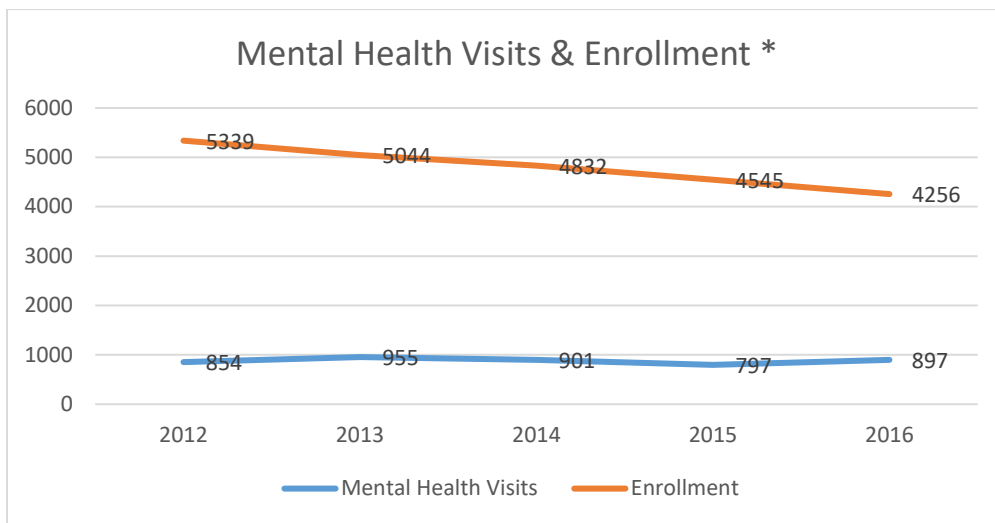


Health Services Utilization Data

The table below demonstrates increased workload compared to decreased enrollment. It is anticipated caseload will continue to increase. A fee increase will help us to best manage the increased health care needs of our students:

Program	2014-2015 Count	2015-2016 Count	% Change (+/-)
Medical	804	867	8% increase
Counseling	797	897	12% increase
Wellness	1566	2379	52% increase



* **Enrollment** =Unduplicated student headcount, taking 7 or more credits. Includes undergraduate and graduate, city college and university campus. Excludes student types = H (high school) or E (extended campus).

RATIONALE FOR FEE INCREASE:

- A fee increase is necessary to:
 - **Maintain current operations**
 - Prevent the elimination or reduction of services being offered through Student Health Services (SHS), and prevent the reduction or loss of hourly staff positions at the SHS.
- Mental health counseling: **MSUB currently funds 1.90 FTE counselors.**
 - International Association of Counseling Services (IACS – maintains standards for University and College Counseling Services) recommends colleges and universities have one counselor for every 1,000-1,500 students.
 - Collectively, the current Montana University System campuses average one counselor per 1,800 students.

- MSUB Fall semester 2016 headcount (undergrad and graduate) is 4,366 (per IR): therefore, per national recommendations:
 - **MSUB should ideally have 2.9-4.4 FTE counselors on staff.**
- 73% of Student Health Services' fee-based budget was used to pay staff salaries in FY2016.
 - Without a fee increase hourly staff positions will be reduced, wait times for appointments will increase, including the increase of wait lists to see a Mental Health Counselor, and costly referrals to outside facilities would increase.
 - Students are attempting to manage increased levels of stress and mental health issues that impact their ability to be successful.
 - Our current system is not able to meet student demand.
 - Part of this fee increase will go specifically toward counseling and mental health services.
- The increase also takes into consideration some of the anticipated enhanced services and education necessary to implement the recommendations made by the *Board of Regents Suicide Prevention Task Force* (September, 2016).
 - The below data are of concern to MSUB, and with the above in mind, and potentially not able to implement recommendations made by the *Board of Regents Suicide Prevent Task Force*.
 - SHS is uniquely position to address the top 5 self-reported academic impacts through the American College Health Association National College Health Assessment (Fall 2016 N=452):
 - Stress 32%
 - Anxiety 26%
 - Work 25%
 - Sleep 20%
 - Depression 16%
 - Students reported experiencing the following in the past 12 months (any time within the past 12 months)
 - Felt things were hopeless 41.6%
 - Felt overwhelmed by all you had to do 83.4%
 - Felt very lonely 52.9%
 - Felt so depressed it was hard to function 36.3%
 - Felt overwhelming anxiety 57.0%
 - Felt overwhelming anger 37.0%
 - Seriously considered suicide 9.8%
 - 43% of our students rate their own stress level as "More than average".